



Below are the questions that are on the submission form. Knowing what will be asked in advance of filling out the submission form will be helpful. You can also download and print the questions and use it to jot down ideas for what you will include in the submission.

Your Name

Preferred Pronouns

Relationship of person submitting information.

Email

Phone

Address

In what city/state did your loved one live?

How did you learn about the INTO LIGHT PROJECT?

Your Loved One's First Name

Your Loved One's Middle Initial

Your Loved One's Last Name

Preferred Pronouns

Ethnicity

Age at Date of Death

Date of Birth

Date of Death

In what state did your loved one die?

How long did they live with the disease of addiction?

How would you like their name listed in the catalog?

How would you like them referred to in the body of the narrative?

How would you describe your loved one?

What did they like to do?

Are there particular fond memories or stories about them from their past?

Is there a story about them that gets told again and again at family gatherings or when friends reminisce? Is there a phrase, joke, or saying people still associate with them?

Any favorite family vacations/holiday traditions or special celebrations you shared?

In more recent years, what were they interested in and passionate about?

What skills, talents or abilities did they have?

What are one to three qualities, quirks, or traits that made them who they were — the things

people who loved them would recognize instantly?

Do you have a favorite childhood memory — maybe a moment of mischief, or a story everyone loves to retell?

Did they face any particular challenges growing up? How did they respond to or move through them?

Did they have any routines, superstitions, beliefs, or habits that were uniquely theirs? Feel free to describe these in detail.

Any schooling you would like to share?

Work experience sometimes tells us something about an individual. What kind of work did they do?

Did they have siblings, close friends, or others you would like to include in this narrative? If so, please let us know their relationship to them and things they liked to do together.

Were they married or in a significant relationship? If so, and you want that person in the narrative by name, please supply their name.

Did they have children? What did they like to do together? If you include children, what are their names and, if it is appropriate, include their ages as well.

What were some of your loved one's significant life events/accomplishments that you would like to share?

What goals or plans did they have for their future?

Often, after the death of a loved one we hear stories about how they influenced someone's life, gave a helping hand, etc. Sometimes we don't even know how influential they were to others until that time. If you have any such stories, please share them.

Any recent memories or stories about them that you wish to share?

Was there a time you sensed something had shifted in them, even if you couldn't have named it then? What do you remember noticing?

Did your loved one's disease change them? If so, how?

What was the most difficult part for you or you and your family, of living around someone experiencing SUD?

How has their disease impacted your life – both during their life and now that they have passed?

Has having someone in your life with substance use disorder changed your views or how you speak about SUD, or caused you to be an advocate about this issue? Do you do something differently than before? (Some people start a nonprofit, or speak at events, or do other things as a result of their personal experiences.)

What do you miss most about them?

If you were to sum up their life in about five words, what would they be?

Is there anything you want to add that was not asked? Please feel free to add any additional information you feel would add to the narrative.

Is there a social media page or profile of theirs we could look at for background while writing their narrative? (For our research only — we won't include the page itself.)